



Intensive Out Patient FACT SHEET

Recovery can be incredibly challenging, especially when faced alone. Many individuals experience feelings of isolation, confusion, and uncertainty about how to seek help. Substance use disorder often brings added stress to family life, work performance issues, financial instability, and legal problems. The stigma and fear associated with seeking treatment can prevent many from taking the first step toward recovery.

At RACS, we deeply understand the complex situations individuals face while navigating substance use disorder. To address these challenges, we offer our **Intensive Out-Patient Program (IOP)** as a supportive environment for individuals to recover, learn, and grow. Through participation in this program, you'll quickly realize you are not alone. Recovery is multifaceted, and RACS is here to provide benefits that support not only you but also your family, community, and employer.

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HOUSE

FACT SHEET Highlights

INDIVIDUAL BENEFITS

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BENEFITS FOR
EMPLOYER/EFAP/HR:

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Individual Benefits:

Recovery is Possible with Support

RACS offers a supportive environment to help individuals overcome substance use disorder and regain control of their lives.

Key Benefits to You:

- 12-Step Foundation: Build a recovery framework through the proven 12-Step model.
- One-on-One Counselling: Personalized support for growth and recovery.
- Group Sessions: Transformational insights through shared experiences.
- Tools for Recovery: Learn strategies to maintain sobriety and achieve a healthier lifestyle.
- Reconnection: Repair and rebuild relationships with family, friends, and your community.
- Personal Empowerment: Regain confidence and freedom from the burdens of addiction.

Key Benefits to Your Family:

- Reduced emotional stress and renewed family engagement.
- A healthier, contributing family member.
- Financial and legal relief as issues are addressed.
- Rebuilt trust and deeper connections.

Key Benefits to Employers:

- Improved attendance and productivity.
- Enhanced work quality and teamwork.
- Reduced workplace stress and improved employee reliability.
- Better client and coworker relationships.

FOR MORE INFORMATION, INCLUDING FEE SCHEDULES, CONTACT RACS TODAY.

403-245-1196

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BENEFITS FOR EMPLOYER/EFAP/HR:

- Support Your Workforce, Strengthen Your Business
- RACS' Intensive Out-Patient Program (IOP) helps employees recover while minimizing workplace disruption, restoring their value to your organization.

KEY BENEFITS TO YOUR BUSINESS:

- **Reduced Costs:** Retain experienced employees, saving on onboarding and training expenses.
- **Improved Performance:** Higher work quality and reduced workplace disruptions.
- **Restored Relationships:** Better team dynamics and client interactions.
- **Flexibility and Reliability:** Employees adapt to workplace needs with renewed energy.
- **Cost-Effective:** An ethical, affordable alternative to traditional residential treatment programs.
- **Why Choose RACS IOP?**
- **Efficient:** Minimum 3-week program allows employees to recover while staying connected to family.
- **Customizable:** Additional weeks can be tailored to meet assessment recommendations.
- **High ROI:** Significant benefits for your workplace at a fraction of the cost of private treatment.

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